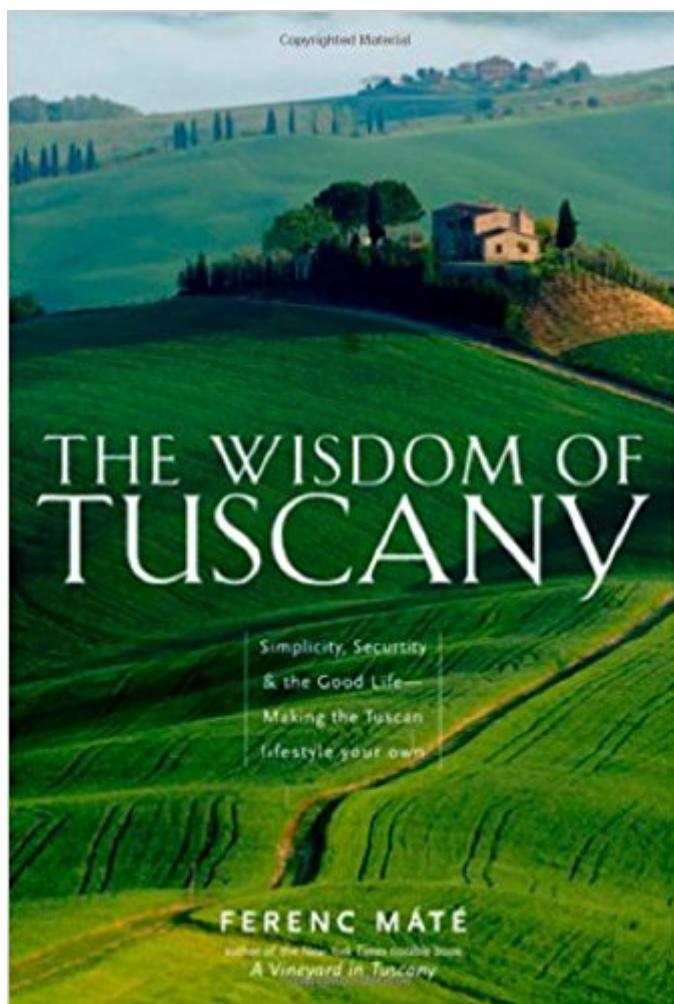


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The Wisdom Of Tuscany: Simplicity, Security, And The Good Life



Synopsis

With our world so storm-tossed and rudderless, this might just be the book for our times. Sun-drenched Tuscany is synonymous with the ideal life. But it didn't happen by chance. Since the Etruscans, the Tuscans have treated their breathtaking countryside with sagacious respect and, in hamlets and hill towns, have built a culture of simplicity, beauty, neighborliness, good food, and a love of daily life. Ferenc MÁjtÁf, a Tuscan resident for twenty years, explores this idyllic existence. He finds Tuscans brimming with creative practicality, down-home humor, and relentless optimism. Blended with their passion for work and independence, they have achieved a haven of economic stability, physical and emotional security, and a fortifying sense of belonging. From their organic gardens to their mouthwatering cuisine, from high-quality, craftsmen-made products and family-run businesses to the joys centered in human contact, Tuscans live a healthy, emotionally rich life. MÁjtÁf is engaging, funny, and insightful and shows us how to live like Tuscans.

Book Information

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Customer Reviews

One of the best books on Italy. One of the best books on Italy. "

Ferenc MÁjtÁf is the author of 15 books translated into 12 languages, including New York Times Notable Book A Vineyard in Tuscany and the Dugger/Nello historical sea adventure fiction series. He lives in a 13-century friary with his family tending vines and olives in Tuscany. Visit www.ferencmate.com

Ference is a great writer. He portrays his life in Italy so well. We are headed there and hopefully will find the magic there as he did. Highly recommend this read.

I've enjoyed all of Mate's books. This is probably not his best writing, style-wise, but the message is right on target. For anyone concerned about the increasing urbanization of the US, indeed of the whole world, the points and lessons will increase your desire to make changes.

Absolutely great book makes me want to completely change my lifestyle.

I have long enjoyed Ferenc Mate's writings, and this one certainly did not disappoint. A wise and considered look at the world we live in, and the suggestion that we have lost much community spirit and pleasure. He points out that many of us have become isolated in our home lives, our work, our communities and cities, and that this could be changed by choosing a simpler life. I highly recommend this book.

This is a good book, you just realize how much of the rat race we live in here in America while reading it. And that, is a bit depressing. Especially after just getting back from a 2 week trip to Tuscany.

I am reading it now. It is filled with a lot of pro-eco-environmental philosophy, social-comparisons, wise wisdom, suggesting ways to improve our lives by going back to the way we were.

A thoughtful reflection on how life in Tuscany can guide us all in finding the real essence of a life well lived.

Love Mate's whole Tuscany series!

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